

Solution Focused Brief Therapy: Working with Agencies, Home Visits, and Mandated Clients

Presenter: Arlene Brett Gordon, Ph.D., LMFT

With Michael Rolleston, M.S.

Online Webcast broadcasted on Friday, August 21, 2015

Course Overview: To incorporate SFBT skills for the systemic needs of working with clients dealing with multiple layers of community resources, including, but not limited to, community providers, home-based interventions, and the court system. As an evidence-based practice, SFBT has demonstrated its effectiveness for local community agencies' front-line workers providing services directly to children and their families.

Training Description

This training is designed to focus on the application of Solution Focused Brief Therapy with clients who are, or have been, engaged in the social service system, including volunteer and court-ordered home-based interventions for children and their families. How we, as professionals, engage and collaborate with our clients and the systems in their lives will support those clients to recognize their unique resiliency and capability in creating lasting change.

Learning Objectives

At the conclusion of this training, participants will be able to:

1. explore and incorporate basic SFBT collaborative communication when working with or in a community agency setting
2. join from the perspectives of your multiple clients (agency, family, courts)
3. foster positive relationships between staff/directors
4. engage a solution-focused posture when working directly in home-based settings
5. incorporate solution-focus strategies/activities to engage participants who are externally motivated.

Format

Webcast

PowerPoint Webcast Presentation: 2 hours

Question and Answer Session: ½ hour

Continuing Education Units FOR FLORIDA STATE LICENSURES and Certificates of Attendance: 2.5 hour units

- NSU is approved by the Florida Department of Health as a provider of Continuing Education for Licensed Clinical Social Workers, Marriage and Family Therapists and Mental Health Counselors.
- Provider #: 50-11750 / Expires: 3/31/2017
- To receive CEUs or Certificates of Attendance: Evaluation forms must be filled out and returned to dftwebinars@nova.edu

Handout materials and evaluation forms will be emailed to registered participants upon registration through the BTI Webcast Library.

<http://cahss.nova.edu/familytherapywebinar/index.html>

About the Trainer

Arlene Brett Gordon, Ph.D., LMFT, is a licensed Marriage and Family Therapist, Clinical Fellow of the American Association of Family Therapists (AAMFT), and a state and AAMFT Approved Supervisor. Currently, Arlene is the director of the Brief Therapy Institute (BTI), which includes Nova Southeastern University's Family Therapy Clinic that provides counseling to individuals, couples, and families. She is adjunct faculty for NSU's Department of Family Therapy.

In 1991, Arlene was introduced to Insoo Kim Berg and Steve de Shazer, the founders of Solution Focused Brief Therapy, and worked directly with Insoo until her death in 2007. In 1993, she developed *Families Facing Solutions* to train agency, home-based practitioners working directly with families. Arlene continues to provide Solution-Focused Brief Therapy trainings, conference presentations and consultations nationally.