

Solution Focused Brief Therapy: Working with Children and Adolescents

Presenter: Arlene Brett Gordon, Ph.D., LMFT

With Michael Rolleston, M.S.

Webcast: Friday, September 25, 2015 at 9:00 am to 11:30 am

Course Overview: To incorporate Solution Focused Brief Therapy strategies and tools into working with small children across their development into adolescence.

Training Description

Working with children requires that the clinician adapt their strategies effectively so these include children as part of the therapeutic process. This training is designed to focus on the application of a SFBT posture and skills to engage children by utilizing age-appropriate solution-focused strategies. Handouts which are duplicable will be provided to be utilized directly with the trainees' client populations. Family interventions are included.

Learning Objectives

At the conclusion of this training, participants will be able to:

1. explore and incorporate the basic SFBT assumptions for children and parents
2. utilize and model a solution-focused posture in their work with children and their families
3. incorporate solution-focus strategies/activities directly in their work with children across the developmental timeline
4. engage solution focused tools in play therapy.

Format

Webcast

PowerPoint Webcast Presentation: 2 hours

Question and Answer Session: ½ hour

Continuing Education Units FOR FLORIDA STATE LICENSURES and Certificates of Attendance: 2.5 hour units

- NSU is approved by the Florida Department of Health as a provider of Continuing Education for Licensed Clinical Social Workers, Marriage and Family Therapists and Mental Health Counselors.
- Provider #: 50-11750 / Expires: 3/31/2017
- To receive CEUs or Certificates of Attendance: Evaluation forms must be filled out and returned to dftwebinars@nova.edu

Handout materials and evaluation forms will be emailed to registered participants upon registration through the BTI Webcast Library.

<http://cahss.nova.edu/familytherapywebinar/index.html>

About the Trainer

Arlene Brett Gordon, Ph.D., LMFT, is a licensed Marriage and Family Therapist, Clinical Fellow of the American Association of Family Therapists (AAMFT), and a state and AAMFT Approved Supervisor. Currently, Arlene is the director of the Brief Therapy Institute (BTI), which includes Nova Southeastern University's Family Therapy Clinic that provides counseling to individuals, couples, and families. She is adjunct faculty for NSU's Department of Family Therapy.

In 1991, Arlene was introduced to Insoo Kim Berg and Steve de Shazer, the founders of Solution Focused Brief Therapy, and worked directly with Insoo until her death in 2007. In 1993, she developed *Families Facing Solutions* to train practitioners working directly with families. Arlene continues to provide Solution-Focused Brief Therapy trainings, conference presentations and consultations nationally.