

Solution Focused Brief Therapy: Supervision

Presenter: Arlene Brett Gordon, Ph.D., LMFT

Webinar: Friday, October 23, 2015 at 9:00 am to 11:30 am

Course Overview: To increase the capacity of clinical supervisors to utilize solution focused strategies within their supervision practice. The skills learned will support the SFBT practices of their supervisees.

Training Description

Solution-Focused Supervision is isomorphic to solution-focused practice. Participants will review the principles of Solution Focused Brief Therapy and incorporate SFBT skills to provide effective clinical supervision for practitioners utilizing SFBT in their work with children and families.

Learning Objectives

At the conclusion of this training, participants will be able to:

1. understand and incorporate the basic principles of SFBT into their clinical practice
2. utilize a solution-focused posture during clinical supervision
3. incorporate solution-focus strategies and reflective supervision practices to support supervisees

Format

Webinar

PowerPoint Webcam Presentation: 2 hours

Question and Answer Session: ½ hour

Handouts will be sent to participants several days prior to the webinar

About the Trainer

Arlene Brett Gordon, Ph.D., LMFT, is a licensed Marriage and Family Therapist, Clinical Fellow of the American Association of Family Therapists (AAMFT), and a state and AAMFT Approved Supervisor. Currently, Arlene is the director of the Brief Therapy Institute (BTI), which includes Nova Southeastern University's Family Therapy Clinic that provides counseling to individuals, couples, and families. She is adjunct faculty for NSU's Department of Family Therapy.

In 1991, Arlene was introduced to Insoo Kim Berg and Steve de Shazer, the founders of Solution Focused Brief Therapy, and worked directly with Insoo until her death in 2007. In 1993, she developed *Families Facing Solutions* to train practitioners working directly with families. Arlene continues to provide Solution-Focused Brief Therapy trainings, conference presentations and consultations nationally.

Methods

Power Point presentation, Handouts, reflective questions and answer session