

## *Curriculum Vitae*

### **Dr. Denise Fournier**

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#### **Education**

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**Ph.D. in Marriage and Family Therapy** Dec 2014

Nova Southeastern University, Fort Lauderdale, FL

**Master of Science in Mental Health Counseling** Dec 2009

Nova Southeastern University, Fort Lauderdale, FL

**Bachelor of Arts in Psychology** Dec 2005

University of North Carolina - Wilmington

#### **Special Skills and Qualifications**

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- **Licensed Mental Health Counselor - License MH-12929**
- Bilingual English and Spanish

#### **Teaching Experience**

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**Nova Southeastern University Department of Family Therapy** Apr 2015 – Present

- Introduction to Systems Theories
- Academic Writing
- Reading/Writing/Editing for Doctoral Students

#### **Professional Experience**

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**Owner and Primary Therapist** Jan 2016 – Present

Evergreen Therapy, Miami, FL

- Provide individual, couple, group and family therapy services
- Host workshops on a variety of topics relevant to mental health, relationships, and wellness

**Clinical Director and Primary Therapist** Nov 2013 – Present

Adaptive Center, Miami, FL

- Oversee clinical services, and lead the design and implementation of new programs
- Facilitate contact with family members and other third parties involved in client treatment
- Maintain active caseload of PHP and IOP clients
- Conduct daily individual, group, and family therapy sessions
- Supervise case managers and mental health technicians
- Generate and disseminate policies and procedures for clinical care

**Mental Health and Family Therapy Clinician** Oct 2012 – June 2014  
Isaac Farin Therapy, LLC, North Miami Beach, FL

- Provided individual, couple, and family therapy
- Wrote web content on issues pertaining to mental health and relationships

**Freelance Academic Editor** July 2011 – Present

- Provide proofreading and editing services for students and professionals
- Network with universities and local businesses to market editing services
- Offer presentation coaching services
- Specialize in APA writing style

**Administrative Assistant, Department of Family Therapy** Jul 2007 – Aug 2011  
Nova Southeastern University, Ft. Lauderdale, FL

- Provided direct support to department chair, administration, faculty and students
- Coordinated department procedures and administrative functions for student services
- Developed reports for the department, university and accrediting bodies
- Coordinated workshops with national and international speakers
- University-wide “Staff Person of the Year” award – Nominee: 2009; Winner: 2011

## **Community Outreach**

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**Founder and Executive Director** Nov 2012 – Aug 2016  
The SAILS Institute, Miami, Florida

- Designed and presently operate a 501C(3) organization that provides therapy services, mentorship, and living skills education to at-risk LGBT young people, regardless of their inability to pay for services.
- Engage with clients, schools, volunteers, board members, local organizations, and other members of the community to deliver services, raise funds, plan and executive events, and generate community-wide awareness of the unique needs of LGBT youth.

## **Conference Presentations and Publications**

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- Regular Contributor to Psychology Today Online July 2017 – Present
- Assistant Editor for the Korean Journal of Family Therapy Aug 2011 – Dec 2016
- Fournier, D., Herndon, P., Lewis, W., Nobles, A., & Myers, B. Early childhood events and false memories: The role of compliance and imaginal abilities. State of NC Undergraduate Research Symposium, Raleigh, November, 2005.
- Fournier, D. (2009). Physiological Arousal and Anxiety Sensitivity in Socially Anxious Youth: Implications for Treatment. Psychology Alert (3). <http://psychologyalert.com/2009/02/physiological-arousal-and-anxiety.html>

- Fournier, D., Turon, J., & Rivera-Walter, I. The role of self-exploration in therapists' personal and professional development. International Family Therapy Association World Family Therapy Congress, Orlando, FL, February 21, 2013.