

***KARA S. EROLIN, PH.D., LMFT***

Nova Southeastern University  
Department of Family Therapy  
College of Arts, Humanities, and Social Sciences

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**EDUCATION**

**Doctor of Philosophy**, Family Social Science, University of Minnesota, Nov. 2012  
Specialization: Marriage and Family Therapy. Dissertation: *Family violence exposure and associated risk factors to child PTSD in a Mexican sample*  
**Master of Arts**, Educational Psychology, University of Minnesota, May 2000  
Specialization: Counseling and Student Personnel Psychology  
**Bachelor of Arts**, Psychology, University of Minnesota, Dec. 1997  
**Bachelor of Science**, Speech and Hearing Science, University of Minnesota, July 1996

**LICENSES AND CERTIFICATIONS**

**Licensed Marriage and Family Therapist #1645**, Minnesota  
**AAMFT Approved Supervisor**, American Association for Marriage and Family Therapy  
**Narrative Exposure Therapy Trainer**, vivo (victim's voice) International  
**Field Traumatologist**, Green Cross Academy of Traumatology  
**Certificate in Critical Incident Stress Management**, International Critical Incident Stress Foundation

**ACADEMIC POSITIONS**

**Assistant Professor**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, May 2015-Present  
**Adjunct Faculty** (Virtual-Remote), Marriage and Family Counseling/Therapy Harold Abel School of Social and Behavioral Sciences, Capella University, Jan.-April 2015  
**Adjunct Faculty** (Virtual/Remote), School of Marriage and Family Sciences, Northcentral University, Scottsdale, AZ, July-Dec. 2014  
**Visiting Assistant Professor**, July 2013-June 2014; **Visiting Lecturer**, July 2012-May 2013;  
**Visiting Academic Intern**, May 2011-June 2012, Marriage and Family Therapy, University of Nevada, Las Vegas, Las Vegas, NV  
**Adjunct Instructor**, Marriage and Family Therapy, Saint Mary's University of Minnesota, Minneapolis, MN, June 2009-April 2010  
**Associate Lecturer**, Marriage and Family Therapy, University of Wisconsin-Stout, Menomonie, WI, Sept. 2008-May 2009

**RESEARCH EXPERIENCE**

**Doctoral Dissertation Research**, Family Social Science, University of Minnesota. Family violence exposure and associated risk factors to child PTSD in a Mexican sample, Sept. 2008-Oct. 2012  
**Methodological Consultant** (Co-PIs: Elizabeth Wieling, R. Elizabeth Aguilar), Centro de Investigación Familiar A.C., Monterrey, Mexico. Assessment protocol (pilot) for trauma related to child maltreatment in Mexico, Sept. 2008-May 2010  
**Research Assistant** (PI: Elizabeth Wieling), Family Social Science, University of Minnesota. Parenting Through Change Program with Latina single mothers; Development of evidence-based interventions for child maltreatment populations; Systemic multi-component interventions for trauma, Sept. 2005-May 2009  
**Research Coder** (PI: Gerald August, Co-PI: Abigail Gewirtz), Family Social Science, University of Minnesota. Early Risers Program, Sept. 2007-March 2008

**Research Assistant** (PI: William Turner), Family Social Science, University of Minnesota.  
Minnesota diverse families: Tracking changes in quality of life, Sept. 2003-May 2007

**Research Assistant** (PI: William Turner), Northpoint Health and Wellness Center-Hennepin County, Minneapolis, MN. Effective interventions/best practices for families of color, June 2005-Sept. 2005

**Research Assistant** (PI: B. Jan McCulloch), Family Social Science, University of Minnesota.  
Depression and older farmers: Investigation of the CES-D; Older rural women's medical decision-making: Vignettes as method, Sept. 2003-Aug. 2004

### TEACHING EXPERIENCE

#### Graduate Courses Taught

- SFTD 7410 Clinical/Research Internship
- SFTM 5321; SFTD/DMFT 5009 Theories of Marriage and Family Therapy
- SFTM 5335; SFTD/DMFT 5046 Human Development Across the Life Cycle (Online)
- SFTD 7360 Teaching Practicum
- SFTM/GERO/SFTD/DMFT 6110 Systems Application in Family Life Cycle of Aging (Online)
- SFTM/MACS 5310 SFTD/DMFT 5006 Introduction to Systems Theories
- SFTM 6300 External Practicum
- SFTM/SFTD 6550, SFTD 6530, DMFT 6550 International Perspectives in Counseling and Therapy (Online)
- SFTM 6320 Assessment in Marriage and Family Therapy (Online)
- COUN 5232 Systemic Approaches to Gender and Sexuality (Online)
- MFT 5106 Research Methods and Evidence-Based Interventions (Online)
- MFT 701 Introduction to Marriage and Family Therapy
- MFT 725 Diversity in Marriage and Family Therapy
- MFT 763 Family Systems Theory
- MFT 773 Advanced Practicum
- MFT 611 Foundations of Family Therapy
- MFT 740 Cultural Competency in Family Therapy
- MFT 765 Research Methods in Psychotherapy

#### Undergraduate Courses Taught

- MFT 150 Personal Growth (Classroom and Online)
- MFT 225 Multicultural Issues (Online)
- MFT 499 Independent Study in Marriage and Family Therapy
- CLA 1301 First-Year Seminar
- GRE Preparation Course

### CLINICAL AND SUPERVISORY EXPERIENCE

**On-Site Clinical Supervisor**, Center for Individual, Couple, and Family Counseling, University of Nevada, Las Vegas, May 2011-June 2013

- Supervised master's students in marriage and family therapy and psychology; served as intermittent acting director.

**Field Traumatologist**, Green Cross Academy of Traumatology, Little Haiti, Miami, FL, Feb. 2010

- One-week deployment for Haiti earthquake relief efforts providing individual and group crisis intervention services, pre-deployment preparation, and compassion fatigue training.

**Family Therapy Intern**, Wayne Caron Family Caregiving Center, University of Minnesota, Feb. 2007-Jan. 2010

- Facilitated support groups for individuals living with dementia/other chronic illnesses and a separate group for caretakers/other family members at three different locations; provided psychoeducation, referrals to resources, and emotional support.

**Counselor**, Walk-in Counseling Center, Minneapolis, MN, April 2008-June 2009

- Provided crisis intervention, and long- and short-term therapy for individuals, couples and families from diverse geographic and cultural backgrounds including recent immigrants and other underserved populations.

**Marriage and Family Therapist**, Both/And Resources, Minneapolis, MN; Private Practice Office, Bloomington, MN, Feb. 2006-Dec. 2007

- Co-therapist at two private practice offices for couples dealing with issues related to parenting, pre-marital and marital issues, effective communication, infidelity, and stepfamily dynamics.

**Marriage and Family Therapist Supervisor in Training**, Argosy University, Eagan, MN; Private Practice Office, Bloomington, MN, Sept. 2006-Aug. 2007

- Supervised master's students in marriage and family therapy and psychology as a part of practicum and a community-based group.

**Behavioral Health Intern**, University of Minnesota Medical School, Phalen Village Clinic, St. Paul, MN, March 2004-Dec. 2005

- Provided long- and short-term therapy for individuals, couples and families experiencing chronic illness, anxiety, and traumatic stress; conducted bi-weekly support group for Hmong women with chronic physical pain and depression; collaborated with multidisciplinary team of physicians, psychiatrists and other health care providers, including the development and training of family physician residents.

**Marriage and Family Therapy Intern**, Reproductive Medicine and Infertility Associates, Woodbury, MN, March 2004-Dec. 2005

- Co-therapist for individuals and couples experiencing fertility problems including psychoeducation about various treatment options, effective couple communication, and emotional support; assisted with eligibility screening for fertility treatments and diagnostic assessments (e.g. Minnesota Multiphasic Personality Inventory).

**Advisor**, College of Education & Human Development, Student Professional Services, University of Minnesota, June 2000-June 2003

- Advised undergraduate and graduate students in individual and group settings about program requirements, admission procedures and transfer coursework, educational planning, career development, stress management, and other personal concerns.

**Counselor**, Office of Multicultural Affairs, University of Minnesota, Nov. 1998-June 2000

- Counseled racial and ethnic minority undergraduate students and their families individually and in groups for academics, cross-cultural and intergenerational issues, and other personal concerns; created and facilitated support group for Hmong married women with children.

### ADMINISTRATIVE EXPERIENCE

**Undergraduate Program Administrator**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, August 2017-Present

- Oversee the undergraduate Human Development and Family Studies major.

**Administrative Fellow**, College of Design-Buckman Fellowship Program, University of Minnesota, Jan.-May 2007

- Worked with Associate Dean and advisory council to facilitate program; maintained correspondence with fellows and donors; coordinated and scheduled meetings and seminars and arranged for speakers.

**Coordinator of Residential Life**, Office of Multicultural Affairs, Summer Institute Program, University of Minnesota, June-Aug. 1999

- Responsible for the recruitment and selection process, administration of the academic program, and coordination of student activities programming; served as liaison between students, counselors, course instructors, housing office, and residence hall monitors; supervised the residence hall monitors and oversaw residential life.

**Applications Officer**, Minnesota English Center, University of Minnesota, June 1996-Sept. 1998

- Preliminary advisor to international students about visa status, university requirements, and housing; responsible for processing applications, data entry, ensuring consistency with Immigration and Naturalization Service regulations, and administration of English as a Second Language proficiency testing.

## PUBLICATIONS

### Published in Refereed Journals

BoVee-Akyurek, A. & **Erolin, K. S.** (2017). A body/mind perspective to enhancing movement. *Journal of Functional Neurology, Rehabilitation, and Ergonomics*, 7(3). Manuscript accepted for publication.

**Erolin, K. S.**, Wieling, E., & Aguilar Parra, R. E. (2014). Family violence exposure and associated risk factors for child PTSD in a Mexican sample. *Child Abuse & Neglect*, 38, 1101-1022. doi.org/10.1016/j.chiabu.2014.04.011

\*Papaj, A. K., Blumer, M. L. C., & **Erolin, K. S.** (2013). Feminist family therapy for treating female survivors of childhood sexual abuse. *Journal of Feminist Family Therapy*, 25, 65-79. doi: 10.1080/08952833.2013.777871. \*Equal contributors.

### Book Reviews and Other Publications

**Erolin, K. S.** (2012). *Family violence exposure and associated risk factors to child PTSD in a Mexican sample* (Doctoral dissertation). Retrieved from University of Minnesota Digital Conservancy, <http://conservancy.umn.edu/>.

**Erolin, K. S.** (2005, March). Effective use of interpreters in health care. *Behavioral Medicine Briefs*, 39, 1-2.

**Erolin, K. S.** (2004). [Review of the book *Suicide by cop: Committing suicide by provoking police to shoot you*]. *Mortality*, 10(1), 94-95.

Turner, W.L., **Erolin, K.S.**, & Collins, C. (2005). *The Northpoint best practices project*. Research report, Northpoint Health and Wellness Center, Minneapolis, MN.

## HONORS, AWARDS AND ELECTED POSITIONS

**Editorial Board**, Journal of Marital and Family Therapy, start January 2018.

**Editorial Board**, Journal of Divorce and Remarriage, Feb. 2017-Present.

**Invited participant in AAMFT identity building video**, American Association for Marriage and Family Therapy, June 2015.

**Editorial Board, Ad Hoc Member**, Journal of Feminist Family Therapy, 2013-Present.

**Service Award**, Department of Family Therapy, College of Arts, Humanities, and Social Sciences, Nova Southeastern University, 2016. Award amount: \$50.

**Young Investigator Travel Award**, Changing People, Changing Brains Conference, University of Konstanz, Germany, 2010. Award amount: €1,200.

**Invited participant in AAMFT futures task force meeting**, American Association for Marriage and Family Therapy, Jan. 2009.

**Waller Summer Fellowship**, Department of Family Social Science, University of Minnesota, 2009. Award amount: \$5,000.

**Ruth E. Hall Fund for Graduate Student Professional Development**, College of Education and Human Development, University of Minnesota, 2009. Award amount: \$400.

**Graduate and Professional Student Assembly Scholarly Travel Grant**, University of Minnesota, 2009. Award amount: \$165.

**Minority Fellowship Program**, American Association for Marriage and Family Therapy/ Substance Abuse and Mental Health Services Administration, 2007, 2008. Award amount (annual): \$20,000; \$1,500 travel support to AAMFT Annual Conference; \$3,500 training.

**Graduate Experience Abroad Scholarship**, College of Human Ecology, University of Minnesota, 2006. Award amount: \$400.

**Ludden Funds for Graduate Student Conference**, College of Human Ecology, University of Minnesota, 2006. Award amount: \$200.

### INVITED PRESENTATIONS AND TRAININGS

**Erolin, K. S.** (2016, March). *Gender Parity is for Everyone*. Keynote address. International Women's Day Colloquium: Pledge for Parity. American Association of University Women, Nova Southeastern University, Fort Lauderdale, FL.

Wieling, E. & **Erolin, K. S.** (2015, October). *Narrative Exposure Therapy workshop*. Presenter and facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.

Wieling, E. & **Erolin, K. S.** (2013, November). *Narrative Exposure Therapy workshop*. Presenter and facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.

**Erolin, K. S.** & Grassia, J. (2013, September). *Navigating the new DSM-5*. Presenter. Nevada Association for Marriage and Family Therapy: Mentoring and Professional Development Day, Las Vegas, NV.

Wieling, E., Neuner, F., Catani, C., **Erolin, K. S.**, & Wiens Watson, T. (2013, March). *Narrative Exposure Therapy training workshop*. Co-facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.

**Erolin, K. S.** (2010, April). *Understanding the impact of child psychological trauma on mother-child dyads with a child maltreatment population in Mexico*. Pre-conference workshop and poster session presenter. Changing People, Changing Brains Conference, University of Konstanz, Germany.

Wieling, E., **Erolin, K.S.**, Wiens Watson, T., & Orieny, P. (2010, July). *Narrative Exposure Therapy Training Workshop*. Co-facilitator. Department of Family Social Science, University of Minnesota, St. Paul, MN.

**Erolin, K. S.** (2008, November). *International study opportunities*. Panelist. College of Education and Human Development, University of Minnesota, St. Paul, MN.

Wieling, E., Neuner, F., Catani, C., & **Erolin, K. S.**, (2008, November). *Narrative Exposure Therapy symposium and training*. Co-facilitator. Center for Victims of Torture/Department of Family Social Science, University of Minnesota, St. Paul, MN.

Wieling, E. & **Erolin, K. S.** (2008, May). *Narrative Exposure Therapy follow-up training*. Co-facilitator. Center for Victims of Torture, St. Paul, MN.

Wieling, E. & **Erolin, K. S.** (2007, August). *Narrative Exposure Therapy seminar and workshop*. Coordinator and co-facilitator. Center for Victims of Torture and the Department of Family Social Science, University of Minnesota, St. Paul, MN.

- Catani, C. & **Erolin, K.S.** (2006, August). *Narrative Exposure Therapy*. Educational demonstration contributor. 1<sup>st</sup> International Conference of Prevention Research for Child Maltreatment: Collaborative Models of Intervention with Families in Crisis, Monterrey, Mexico.
- Erolin, J. & **Erolin, K. S.** (2005, March). *Communicating across differences: A facilitated dialogue*. Co-facilitator. Minnesota Department of Health, HIV/STD Section, Minneapolis, MN.

### PRESENTATIONS

- Cooper, D., Garcia Huidobro, D., Diaspro Higuera, O., **Erolin, K. S.**, & Wieling, E. (2017, October). *Effects of Environmental Risk Factors on Mexican Youth's PTSD Scores*. Research discussion presenter. American Association for Marriage and Family Therapy 2017 Annual Conferences, Atlanta, GA.
- Wieling, E. & **Erolin, K. S.** (2009, April). *The cultural and contextual adaptation of parenting and trauma interventions to a child maltreatment population in Mexico*. Paper symposium presenter. Society for Research in Child Development Biennial Meeting, Denver, CO.
- Erolin, K. S.** & Grant, H. (2007, November). *The experience of racism on individual and family quality of life*. Accepted poster session presenter. 69<sup>th</sup> Annual Conference of the National Council on Family Relations, Pittsburgh, PA.
- Grant, H. & **Erolin, K. S.** (2007, November). *Urban American Indians and historical trauma*. Accepted poster session presenter. 69<sup>th</sup> Annual Conference of the National Council on Family Relations, Pittsburgh, PA.
- Erolin, K. S.** & Trombley, H. M. (2006, November). *Successful stepfamily formation: A case study of two couples' experiences*. Poster session presenter. 68<sup>th</sup> Annual Conference of the National Council on Family Relations, Minneapolis, MN.
- Trombley, H. M. & **Erolin, K. S.** (2006, November). *The ties that bind: Working with children in stepfamily/blended family formations*. Workshop presenter. Minnesota Association of Marriage and Family Therapy Fall Conference, Minneapolis, MN.
- Erolin, K. S.** & Trombley, H. M. (2005, November). *Working with diverse families: stepfamily formation and development*. Workshop presenter. Minnesota Association of Marriage and Family Therapy Fall Conference, Minneapolis, MN.
- McCulloch, J. B., **Erolin, K. S.**, & Lassig, S. (2004, November). *Depression and older farmers: Investigation of the CES-D*. Poster session presenter. 57<sup>th</sup> Annual Gerontological Society of America Scientific Meeting, Washington, DC.
- McCulloch, J. B., Schoenberg, N. E., Lassig, S., & Erolin, K. S. (2004, November). *Older rural women's medical decision-making: Vignettes as method*. Poster session presenter. 57<sup>th</sup> Annual Gerontological Society of America Scientific Meeting, Washington, DC.

### PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy, Clinical Member  
 American Association of University Women  
 Delta Kappa International Marriage and Family Therapy Honor Society  
 Florida Association for Marriage and Family Therapy  
 Green Cross Academy of Traumatology  
 International Family Therapy Association  
 International Society for Traumatic Stress Studies  
 National Council on Family Relations  
 vivo (victim's voice) International US Member