

Annette BoVee-Akyurek
 ab1219@nova.edu

EDUCATION

PhD in Family Therapy June 2017
Nova Southeastern University, Davie, Fl.

Masters of Science in Mental Health Counseling August 2012
Nova Southeastern University, Davie, Fl.

Bachelor of Science in Physical Therapy May 1984
University of Miami, Coral Gables, Fl.

SUMMARY OF QUALIFICATIONS/BACKGROUND

Family Therapy, Ph.D.

*Dissertation: The Delicate Process and Relational Style of Solution Focused Brief Therapy:
 Ericksonian Hypnotherapy Resemblances in SFBT*

Licensed Mental Health Counselor, Florida

National Certified Counselor (NCC), National Board for Certified Counselors (NBCC)

Certified Hypnotherapist

Physical Therapist, Florida licensed

Craniosacral Therapist

Visiting/Adjunct Instructor

Specialization in facilitation of movement as a psychotherapist and physical therapist from a body and mind perspective, utilizing a relational and systemic lens. Experienced in development of new programs, conference presentations, instructor of workshops and courses, and supervision of developing therapists. Clinical work includes, but not limited to, therapy with children and adults with neurological and chronic pain conditions, pre- and postnatal care, stress and anxiety related disorders, depression, marriage and family issues, aspects of parapsychology, and overall wellness.

CONFERENCE PRESENTATIONS

- Upcoming- 2017 SFBTA Conference, Nov 8-11, Sante Fe, New Mexico.
 - *The Delicate Process and Relational Style of Solution Focused Brief Therapy:
Ericksonian Hypnotherapy Resemblances in SFBT*
- Movement 2017 Conference, Oxford University, July 9-11, Oxford, England
 - *Facilitation of Movement of Body and Mind-A Body/Mind Perspective to Enhancing
Movement*
- Solution Focused Brief Therapy (SFBT) Conference, February 12-14, 2016, Orlando, Fl
 - *How Needs Build Solutions*
- Florida American Marriage and Family Therapy (FAMFT) Conference, June 14-15,
2014, Orlando, Fl.
 - *Intra- and Inter- Relationships in Therapy*
- International Family Therapy Association (IFTA) Conference, March 10-14, Panama City,
Panama
 - *The Power of Healing Through Pure Connection-Assisting Refugees*
 - *The Body/ Mind System and Multilevel Communication*

PUBLICATIONS

- Journal of Functional Neurology, Rehabilitation, and Ergonomics, upcoming Vol. 7 (3), Nova Scientific Publishers

**Facilitation of Movement of Body and Mind-A Body/Mind Perspective to Enhancing Movement*

WORK EXPERIENCE

Self-Employed Psychotherapist/Physical Therapist:

September 2015-present

In Touch, Cooper City, FL.

- Psychotherapy services for children and adults, couples, and families with body/mind orientation with diagnoses included but not limited to: gastrointestinal disorders, stress related disorders, anxiety, depression, addiction, couple and family issues, parapsychology issues, and overall wellness.
- Systemic/relational approach to psychotherapy, hypnotherapy, mindfulness and meditation.
- Physical therapy services and craniosacral therapy for children and adults with diagnoses included but not limited to: headaches and chronic pain disorders, gastrointestinal disorders, musculoskeletal issues, neurological disorders, pre-/post-natal care, and general wellness.
- Provider of educational workshops for physical therapists, psychotherapist, and non-medical individuals including: Meditation, Self-Hypnosis, Healing Hands-Explore Your Inner Healing Ability, Introduction to Craniosacral Therapy and Chakra Balancing, Application of Alternative Therapies in Psychotherapy and Self-Care of the Therapist

Medical Family Therapist Intern (MFT):

May 2016-July 2017

Health Professional Division (HPD) Nova Southeastern University, Davie, FL

- Provide psychotherapy (MFT) services to clients at HPD for individuals as LMHC and family therapy PhD intern for couples, and families with various medical problems and associated psychosocial needs. Diagnoses included but not limited to: depression, stress related and pain disorders, sleep disorders, anxiety disorders, and adjustment disorders.
- Assist in development of new MFT services at HPD program
- Education of MFT services to HPD professionals

Family Therapy PhD Practicum:

January 2014-July 2016

Nova Southeastern University, Davie, FL

- Therapy services for individuals, couples, and families with diagnoses included but not limited to: depression, anxiety disorders, stress related disorders, addiction, PTSD, and couple and family conflict.
- Systemic/relational approach to psychotherapy and included body/mind orientation, hypnotherapy, mindfulness, and meditation.
- Supervision Assistant (SA) of MFT master level students for 1 year
- Teaching Assistant (TA) of MFT PHD students for Narrative Therapy course

Self-Employed Mental Health Counselor Intern:

October 2014-September 2015

In Touch, Plantation, FL.

- Psychotherapy services for children and adults, couples, and families with body/mind orientation with diagnoses included but not limited to: gastrointestinal disorders, stress related disorders, anxiety, depression, addiction, couple and family issues, parapsychology issues, and overall wellness.
- Systemic/relational approach to psychotherapy
- Incorporated hypnotherapy, mindfulness, meditation, and educational kinesiology among other adjunct therapies.

- Body/mind orientation.

Self-Employed Physical Therapist:

August 2012-present

In Touch, Plantation, FL.

- Physical therapy services with emphasis on neck/back and chronic pain disorders, headaches, pre-post-natal care, neurological disorders, and overall wellness with emphasis on facilitating one's healing process.
- Provider of educational workshops for physical therapists, psychotherapist, and non-medical individuals including: Meditation, Self-Hypnosis, Healing Hands-Explore Your Inner Healing Ability, Introduction to Craniosacral Therapy and Chakra Balancing

Mental Health Counselor Intern:

August 2011-August 2012

Henderson Behavioral Health Center, Ft Lauderdale, FL.

Supervisor-Christine Adkins, LMHC

- Psychotherapy services to individuals, couples, and families for adult out-patients with variety of diagnoses (depression, anxiety disorders, bipolar disorder, borderline personality disorder, schizophrenia, addiction, paranoia, to list a few).
- Developed and facilitated a weekly women's group with emphasis on reconnection to one's personal power through utilizing a variety of techniques.
- Utilized a variety of techniques including psychoanalysis, existential theories, Gestalt theories, cognitive behavioral training, meditations, stress management/relaxation, Non-Violent Communication training, and addressed exercise/nutrition/and sleep issues as needed.
- Consulted and discussed client's cases with nurses, psychiatrists, and other counselors at the facility.

Mental Health Counselor Intern:

September 2010-June 2011

Association for Solidarity with Asylum Seekers And Migrants (ASAM /National Government Organization (NGO), Istanbul, Turkey

- Worked with refugees from many regions of Africa, Iraq, and Afghanistan in communication, addressed psychotherapy needs, and assisted with a variety of services to for transition, self-exploration, and adjustment.
- Developed and implemented an English and culture educational program, provided services as a therapeutically informed educator to address refugees' self-needs.

Visiting Instructor/Physical Therapy & Psychotherapy:

October 2010-May 2011

Istanbul Technical University, Istanbul, Turkey

- Developed and instructed the course, *Health for the Body, Mind, and Spirit* involving physical exercises, meditations, awareness exercises, and relaxation techniques addressing self-care for professors, teachers, and students.
- Developed the outline and contents of the course, with instruction on a weekly basis.

Self-Employed Physical Therapist/Instructor:

January 1998-June 2011

Istanbul, Turkey

- Provided physical therapy services to children and adults with emphasis on neck/back and chronic pain disorders, headaches, pre-post-natal care, neurological disorders, and overall wellness with emphasis on facilitating one's healing process.
- Developed and instructed a children's pre-sport exercise program.
- Developed and instructed a pre-/post-postnatal care program.

Physical Therapist:

May 1997-August 1998

Salikigi Merkezi, Dr Ender Sarac, Istanbul, Turkey

- Physical therapy and craniosacral therapy, with emphasis on neck/back pain, headaches, pre-postnatal care, neurological care, and wellness with emphasis on facilitating one's healing process.

Self-Employed Physical Therapist:

December 23, 1996-April, 1997

Ft Lauderdale, Fl.

- Private practice and contract work at various facilities with emphasis on neck/back pain, headaches, pre-postnatal care, neurological care, general rehabilitation, and wellness with emphasis on facilitating one's healing process.

Physical Therapist:

August 14, 1995-December 20, 1996

Park Place Therapeutic Center, Plantation, Fl.

- Provided physical therapy services for a work hardening/pain program with emphasis on structural and soft tissue mobilization, exercise, and craniosacral therapy.
- Evaluation of potential clients, including functional capacity evaluations.
- Supervision of physical therapy services and supportive personal.
- Program development.

Visiting Instructor/Physical Therapy:

February 1996

University of Miami, PT School, Miami, Fl.

- Development of curriculum and primary instructor for physical therapy students (Carol Davis, assistant instructor), teaching, *Facilitating the Use of Touch and Energy in Therapy Practice*.

Self-Employed Physical Therapist:

October 1994- December 1995

Boca Raton, Fl.

- Private practice providing physical therapy services to clients with chronic pain disorders, prenatal/postpartum care, neurological disorders, and facilitation of overall wellness.

Physical Therapist:

August 1992- June 1995

The Upledger Institute, Palm Beach, Fl.

- Provided physical therapy services and craniosacral therapy to children and adults with neurological and orthopedic disorders at the Brain and Spinal Cord Center with John Upledger and other seasoned craniosacral therapists and instructors.
- Assisted in craniosacral therapy training of visiting clinicians.
- Assisted in the review of potential educational courses.
- Program development.

Contract Physical Therapist:

January 1993-August 1995

Boca Raton Community Hospital, Boca Raton Fl.

- Physical therapy services in acute care and orthopedic out-patient care.
- Physical therapy services with the geriatric population with emphasis on neurological disorders.

Professional Touch Rehabilitation, Boynton Beach, Fl

- Physical therapy services in out-patient care with emphasis on orthopedic disorders and geriatric care with emphasis on neurological care.

Visiting Instructor/Physical Therapy:

February 1995

University of Miami PT School, Coral Gables, Fl.

- Development of curriculum and primary instructor for physical therapy students (together with Carol Davis, assistant Instructor) teaching, *Facilitating the Use of Touch and Energy in Therapy Practice*.

Physical Therapist:

December 1990-December 1992

Community Re-entry Center, Ft Lauderdale, Fl.

- Physical therapy and community re-entry activities for head injured patients.
- Program development.
- Supervision of supportive personal.

Adjunct Instructor/Physical Therapy:

December 1990-June 1991

Barnea Institute, Ft Lauderdale, Florida, USA

- Adjunct instructor for physical therapy assistant program teaching muscle testing and kinesiology to physical therapy assistant students.

Contract Physical Therapist:

September 19, 1988-November 21, 1990

Ft Lauderdale, Fl.

- Physical therapy services in out-patient care with emphasis on orthopedic and chronic pain disorders.
- Physical therapy services with pediatric home health care for neurological patients.
- Physical therapy services in acute care, out-patient care, and nursing home care.
- Physical therapy services for neurological patients.

Physical Therapist:

July 11, 1988-September 18, 1988

Professional Health Care Services, Ft Lauderdale, Fl.

- Contract physical therapy services in various facilities while waiting for opening of Sunrise Rehabilitation Center.

Physical Therapist:

January 5, 1988-May 13, 1988

Behandlungszentrum Vogtareuth, Vogtareuth, Germany

- Provided physical therapy services as a member of the neurological pediatric team.

Physical Therapist:

March 25, 1985-September 25, 1987

Sunrise Rehabilitation Hospital, Sunrise, Fl.

- Assisted in development of the newly opened rehabilitation center.
- Provided physical therapy services for rehabilitation.
- Developed the traumatic brain injury (TBI) program, evaluated potential clients, and provided specialized physical therapy services for TBI patients.
- Participated in program development and marketing of the TBI program.
- Assisted in hiring, evaluation, and supervision of supportive personnel.
- Provided physical therapy services in general rehabilitation. Participated in development of the physical therapy department and specialized head injury program. Performed as the clinical specialist/supervisor for physical therapy in the head injury program.

Physical Therapist:

July 2, 1984-March 15, 1985

Professional Health Care Services, Ft Lauderdale, Fl.

- Contract physical therapy services in various facilities while waiting opening for Sunrise Rehabilitation Center.

CONTINUING EDUCATION

- *The Immune System: The Mind-Body Connection: Who Gets Sick and Who Stays Well*, Nick Hall, May 12, 2017.

- *Muscle Energy Techniques*, Alternative Healthcare Solutions, Thomas Ockler, September 24-25, 2016.
- *Interdisciplinary Collaborative Divorce Training*, Interdisciplinary Collaborative Divorce Trainers (ICDT), November 6-8, 2015.
- *Reasoning with Unreasonable People*, Joseph Shannon, Ph.D., October 30, 2015.
- *Sports Medicine Grand Rounds*, Joe Dimaggio Children's Hospital, September 19, 2015.
- *Mindfulness and Therapy*, David Pare, LMFT, March 31, 2015.
- *Inviting Trance, Inventing Change: A Relational Approach to Hypnosis and Hypnotherapy*, Douglas Flemons, Ph.D., LMFT, July 18-24, 2014.
- *Kinesiology Taping: Movement Assessments & Corrective Exercises*, Medical Minds in Motion, November 26-27, 2013.
- *Food, Mood, & Cognition*, Institute for Natural Resources, March 20, 2013.
- *Eating for Peak Performance, Music and the Brain, Brain and Stress: PTSD and Adjustment Disorders, Non-tradition Approaches: Anxiety, Insomnia, and Depression*, Institute for Natural Resources, November 28, 2011.
- *Food for Thought: How Nutrients Effect Mental Health and the Brain*, Nick Hall, Ph.D., Institute for Brain Potential, Plantation, FL, November 17, 2011.
- *Diabetes, Obesity, and Heart Disease*, Richard Colman, Ph.D, Institute for Natural Resources, October 27, 2011.
- *Nonviolent Communication with Children*, Vivet Alevi, Istanbul, Turkey, June 9-19, 2010.
- *Pilates Essentials: History, Principles, and More*, Pilates Institute of America, Florida, USA, July 30, 2009.
- *Nonviolent Communication*, Nada Ignjatovic-Savic, Istanbul, Turkey, June 15-15, 2008.

- *Hormones and Health*, Florida, USA, June 26, 2008.
- *Essential Ideas for Working with Individuals with Autism Spectrum Disorders*, Marci Laurel SLP, Florida, USA, July 13, 2007.
- *Improving Balance and Decreasing Fall Risk Using Tai Chi*, Jon Rottenburg PT, Florida, USA, July 19, 2007.
- *Chronic Pain*, Institute for Natural Resources, Florida, USA, July 18, 2007.
- *Chinese Quantum Method*, Gabriele Eckert/Hyper Voyager, Istanbul, Turkey, November 11-12, 2007.
- *Yoga for Health Care Professionals*, International Weightlifting Association, Florida, USA, August 6, 2005.
- *Ishaya Meditation Techniques*, Bhushana Ishaya/Ishaya Techniques International, Florida, USA, July 17-18, 2004.
- *Certified Personal Trainer: The Transition from Rehab to Fitness*, International Sports and Fitness trainers Association, Florida, USA, January 1-2, 2003.
- *An Introduction to Pilates*, International Weightlifting Association, Florida, USA, June 28-29, 2002
- *Issues in Women's Health: Gynecology*, Sue Lindebald PT/University of Miami, Florida, USA, June 12, 13,20, 2000.
- *Issues in Women's Health: Obstetrics*, Sue Lindebald PT/University of Miami, Florida, USA, June 21, 27, 28, 2000.
- *Herbs, Hormones, and the Mind*, Nicholas Hall PhD, Florida, USA, January 23, 1999.
- *Triple Helix Field Uinter Meditation*, Joan Lieberman MMH, Florida, USA, October 12, 1996.

- *Manual Therapy for Low Back & Lower Quadrant*, Dialogues in Contemporary Rehabilitation and the Upledger Institute, Connecticut, USA, June 6- 9, 1996.
- *ER MEI Therapy Level I*, Foundation Qi Gong by Master Fu Wei Zhong, Florida, USA, May 30-June 2, 1996.
- *Visceral Manipulation IA*, Upledger Institute, Palm Beach, Florida, USA, April 20-23, 1995.
- *Mechanical Link I*, Upledger Institute, Palm Beach, Florida, USA, February 10-14, 1995.
- *Muscle Energy*, Upledger Institute, Austin, Texas, USA, August 4-7, 1994.
- *Esoteric Chakra Healing II*, Pat and Richard McDonald D.O., Palm Beach, Florida, USA, July 15-18, 1994.
- *Esoteric Chakra Healing I*, Pat and Richard Mc Donald D.O., Palm Beach, Florida, USA, March 4-7, 1994.
- *Prenatal and Postpartum Care*, Elizabeth Noble, Clearwater, Florida, USA, November 20-24, 1993.
- *Zero Balancing I*, Upledger Institute, Miami, Florida, USA, October 28-31, 1993.
- *Educational Kinesiology*, Sam Hinsley, Stuart, Florida, USA, September 15-18, 1993.
- *Craniosacral Therapy Advanced Level*, Upledger Institute (Instructor John Upledger, D.O.) Palm Beach, Florida, USA, February 1-5, 1993.
- *Craniosacral Therapy Somato-Emotional Release I*, Upledger Institute, Palm Beach, Florida, USA, November 13-15, 1992.
- *Cervical Evaluation, Treatment, and Mobilization*, Ira Fiebert PT, Ft Lauderdale, Florida, USA, November 22-24, 1991.
- *Lumbar Evaluation, Treatment, and Mobilization*, Ira Fiebert PT, Ft Lauderdale, Florida, USA, September 13-15, 1991.

- *Myofascial Release of the Rib Cage and Spinal Column*, Jan Hutchinson PT, Texas, USA, July 27-28, 1991.
- *Craniosacral Therapy II*, Upledger Institute, Palm Beach, Florida, USA, November 15-18, 1990.
- *Craniosacral Therapy I*, Upledger Institute, Palm Beach, Florida, USA, April 26-29, 1990.
- *The NDT Approach to Treatment of Adult Hemiplegia* (A NDT certification course by NDT Association), Joan Mohr PT, Clearwater, Florida, USA, January 12-30.
- *Interdisciplinary Team Approach to the Rehabilitation of Head Injury Patients*, Lake Erie Institute of Rehabilitation, Erie, Pennsylvania, October 20-31, 1986.
- *Team Approach to Head Injury Patients*, Garden State Rehabilitation Hospital, Toms River, New Jersey, August 11-15, 1986.
- *The NDT Approach to Treatment of Closed Head Injury*, Jan Utley (The NDT Association), Tampa, Florida, July 18-20.
- *Functional Orthopedics I*, Institute of Physical Art, Miami, Florida, July 10-13, 1986.
- *Stroke Rehabilitation: Comprehensive Team Management*, Rancho Los Amigos, Ft Lauderdale, Florida, USA, November 2-3, 1985.

PROFESSIONAL AFFILIATIONS

AAMFT, Pre-clinical fellow

International Association of Healthcare Practitioners (IAHP)

National Board of Certified Counselors (NBCC)

