

CURRICULUM VITA

ARLENE BRETT GORDON

(954) 262-3032 arlenebg@nova.edu

Licensed Marriage and Family Therapist (Florida MFT 1727)

EDUCATION

Nova Southeastern University
School of Social and Systemic Studies
Ft. Lauderdale, Florida

Doctoral Degree in Philosophy, 1998
Master of Science, 1992
Marriage and Family Therapy

Queens College
City University of New York

Master of Science, 1974
Elementary Education
Minor in Sociology

Long Island University
Greenvale, New York

Bachelor of Science, 1971
Elementary Education
Minor in Sociology

PROFESSIONAL POSITIONS

Brief Therapy Institute
Department of Family Therapy
College of Arts, Humanities, and
Social Sciences
Nova Southeastern University
3301 College Avenue
Ft Lauderdale, Florida 33314

2007-present
Director, Supervisor
Family Therapy Clinic/Brief Therapy Institute
Department of Family Therapy

Medical Family Therapy Clinic
Department of Family Therapy
College of Arts, Humanities, and
Social Sciences
Kiran Patel College of Osteopathic Medicine
Nova Southeastern University
Ft. Lauderdale, Florida 33314

2016- present
Director, Supervisor
Medical Family Therapy Clinic
Ziff Center

Families Facing Solutions, Inc.
9648 NW 7th Circle
Plantation, Florida 33324

1993- present
Author, Director, Trainer
Program Development
Train professionals and paraprofessionals
for solution-focused family support

The Family Therapy Clinic
Nova Southeastern University
3301 College Drive
Ft Lauderdale, Florida 33314

1998- present
Adjunct Faculty
Practicum Advisor/Supervisor
Individual, Couple and Family Therapy

Sociology Department
Farquhar College of Arts and Sciences
Nova Southeastern University
3301 College Drive
Ft. Lauderdale, Florida 33329

2010-2015
Adjunct Faculty
Sociology/Family Studies

Child and Youth Studies
Fischler Graduate School of Education
and Human Services
Nova Southeastern University
1750 NE 167th Street
North Miami, Beach, Florida 33162

2000- 2005
Applied Research Committee Chair

Early Childhood Department
Farquhar Center
Nova Southeastern University
Ft. Lauderdale, Florida 33329

1995-2001
Adjunct Faculty
Early Childhood Education

VOICES Outreach Project
Nova Southeastern University
3301 College Avenue
Ft. Lauderdale, Florida 33314

1997- 1999
Assistant Director
Family Therapy and Educational Outreach
SAMSHA Project

Family Therapy Associates
Nova University
3301 SW 9th Avenue
Ft. Lauderdale, Florida 33322

1990-1996
Family Therapy,
Crisis Counselor, Intensive Crisis Counseling
Program (1993-1996)

Early Childhood Teacher
University School
Nova University
Coral Springs, Florida 33065

1988-1990
1982-1984
Classroom Teacher
Parenting workshops

Elementary Education Teacher
New York City Board of Education
District 28, Queens

1975-1979
Classroom Teacher
Reading Specialist

1971-1975
Experimental Laboratory School
Teacher Training

FAMILIES FACING SOLUTIONS Trainings/Consultations

Family Central
840 SW 81st Avenue
North Lauderdale, Florida 33068

2011- 2018
Trainer, Reflective Supervision
Project Consultant, C-QuELL

Henderson Mental Health Center
Youth and Family Services

2003- 2016
Trainer, Supervision of Supervision

44720 North State Road 7 Fort Lauderdale, FL 33319	Early Intervention and Prevention Teams
Children's Home Society 401 NE 4 th Street Ft. Lauderdale, Florida 33301	2000- 2014 Trainer, Consultant
Early Discovery, Young Children with Special Needs and Disabilities University of Miami Mailman Center for Child Development 1601 NW 12th Ave Miami, FL 33136	2006-2009 Consultant: Service Resource Network Children 0-5
Children's Services Council, Palm Beach 2300 High Ridge Road Boynton Beach FL 33426	1999- 2009 Consultant and Trainer Program Development
Children's Services Council 6301 NW 5th Way, Suite 3000, Fort Lauderdale, FL 33309	2002-2009 Trainer On-going workshops
Jumpstart to Permanency Children's Home Society 401 NE 4 th Street Ft. Lauderdale, Florida 33301	2004- 2005, 2007 Program Design, Supervision Family Therapy; Children and Families
Family Central 840 SW 81 st Avenue North Lauderdale, Florida 33068	2003- 2004 Trainer Early Intervention and Prevention Team
Children's Case Management Organization 1720 East Tiffany Drive West Palm Beach, Florida 33407	2000- 2001 Trainer, Supervision
Alternate Family Care 10001 West Oakland Park Blvd. Sunrise, Florida 33351	1998- 2002 Consultant, Trainer Program Design and Implementation
Parenting Partners Big Brothers/Big Sisters of Palm Beach 2112 Congress Avenue South West Palm Beach, Florida 33406	2000-2002 Trainer, Program Development
Children's Home Society 2100 45 th Street West Palm Beach, Florida 33407	2000- 2002 Trainer, Program Development
Catholic Charities Mentoring Moms 900 54 th Street West Palm Beach, Florida 33407	2000 Trainer, Consultant

Healthy Families Broward Broward Regional Health Planning Council, Inc. 915 Middle River Drive, Suite 521 Ft. Lauderdale, Florida 33304	1999-2000 Trainer
Family Central 840 SW 81 st Avenue North Lauderdale, Florida 33068	1994-1998 Trainer: Family Mentors Program Development (Dissertation Project)
Department of Health and Rehabilitative Services 201 W. Broward Blvd., Room 402 Ft. Lauderdale, Florida 33301	1994 Trainer of Caseworkers
Keeping Families Together Children's Home Society 401 N.E. 4th St. Ft. Lauderdale, Florida 33301	1993 Trainer of Social Workers

LICENSURE AND CERTIFICATION

Marriage and Family Therapy License (Florida #MFT 1727).

AAMFT Clinical Fellow (#38066)

AAMFT Approved Supervisor (2007)

State Approved Supervisor (Florida)

Introductory Interdisciplinary Collaborative Practice Training, Nova Southeastern University, January, 2018.

Advanced Interdisciplinary Collaborative Training, Nova Southeastern University, January, 2018.

Brazelton Touchpoints Center Certification, Touchpoints Faculty Level Training, Boston, MA, (November, 2004).

Brazelton Touchpoints Center Certification, Touchpoints Individual Level Training, Boston, MA, (May, 2004).

Family Mediation Certification Training (40 Hours), Nova Southeastern University. January, 1998.

Hypnosis Certification Training (40 Hours), Nova Southeastern University. August, 1996.

PUBLICATIONS

- Chenail, R., Gordon, A. B., Wilson, J., & Pantaleao, L. (2016). Everyday solution-focused recursion: When family therapy faculty, supervisors, researchers, students, and clients play well together. In S. St. George & D. Wulff (Eds.), *Family therapy as socially transformative practice: Practical strategies for today and tomorrow*. New York, NY: Springer.
- Gordon, A. B. (Producer). (2015). *Solution Focused Brief Therapy* [Webinar series]. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Gordon, A. B. (with Wilson, J.). (2015, March 13). Solution Focused Brief Therapy 101 [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Gordon, A. B. (with Rolleston, M.). (2015, May 29). Solution Focused Brief Therapy: Advanced Interviewing Skills. [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Gordon, A. B. (with Rolleston, M.). (2015, June 26). Solution Focused Brief Therapy: Clients Facing Diverse Challenges. [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Wilson, J. (with Gordon, A. B.). (2015, July 24). Hope-Focused Solutions. [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Gordon, A. B. (with Rolleston, M.). (2015, August 21). Solution Focused Brief Therapy: Working with Agencies, Home Visits, and Mandated Clients. [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Gordon, A. B. (with Rolleston, M.). (2015, September 25). Solution Focused Brief Therapy: Working with Children and Adolescents. [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Gordon, A. B. (with Rolleston, M.). (2015, October 23). Solution Focused Brief Therapy: Supervision. [Webinar]. In A. B. Gordon (Producer), *Solution Focused Brief Therapy*. Fort Lauderdale, FL: Nova Southeastern University. Retrieved from <http://cahss.nova.edu/familytherapywebinar/index.html>
- Reiter, M. D. & Gordon, A. B. (2013). Solution Focused Brief Therapy. In M. D. Reiter, *Case Conceptualization in Family Therapy*. Boston: Pearson.

- Flemons, D., Liscio, M., Gordon, A.B., Hibbel, J., Gutierrez-Hersh, A., & Rebholz, C. (2010). Fostering solutions: Bringing brief therapy principles and practices to the child welfare system. *Journal of Marital and Family Therapy*, 36, 80-95.
- Gordon, A.B. (2000). *Family Resolutions: A comprehensive program for families with children having severe emotional disturbances*. Training manual developed for Alternate Family Care.
- Shilts, L. & Gordon, A.B. (1996). What to do after the miracle occurs. *The Journal of Family Psychotherapy*, 7, 15-22.
- Gordon, A.B. (1996). *Families Facing Solutions Paraprofessional Module*. Self-published training manual.
- Gordon, A.B. (1995, 2008). *Families Facing Solutions Mental Health Module*. Self-published training manual.
- Gordon, A.B. (1995, 2008). *Families Facing Solutions: A curriculum for training family mentors*. Self-published training manual.
- Shilts, L. & Gordon, A.B. (1993). Simplifying the Miracle Question. *Family Therapy Case Studies*, 7, 53-59.

RESEARCH AND GRANTS

- Nova Southeastern University President's Quality of Life Grant, Solution Talk with Parents of Children with Autism Spectrum Disorder: A Pilot Study, 2019-2020.
- Nova Southeastern University President's Quality of Life Grant, A Community-Based, Inter-Professional Diabetes Self-Management Education Project, 2015-2016.
- Nova Southeastern University President's Quality of Life Grant, The Use of a Patient-Centered Relationship Enrichment Training Program to Improve Quality of Life for Caregivers and Stroke Survivors, 2013-2014.
- Nova Southeastern University Chancellor's Faculty Research and Development Grant, Coping Style in a Group of Diverse Families with a Young Child with Autism. 2010-2011.
- Nova Southeastern University President's Quality of Life Grant, Two Models of Parenting Support for Families with Children with Autism. 2009-2010.

PRESENTATIONS

- Updates in Medicine: Feed Your Mind, Body, and Soul. Hollywood, FL. June 3, 2018. "Mental Health and Wellness Panel: Medical Family Therapy".
- Solution-Focused Brief Therapy Association Conference. Santa Fe, NM, November 11, 2017. "Solution Focused Approach to Medical Family Therapy".

2016 Florida Alcohol & Drug Abuse Association (FADAA)/Florida Council for Community Mental Health (FCCMH) Annual Conference, Providing Value in Challenging Times, Orlando, FL. August 9, 2016, Pre-Conference Workshop “Solution-Focused Approach for Substance Abuse & Trauma Informed Care”.

2016 Solution Focused Expo. Orlando, FL., February 16, 2016.”SFBT and Refugees: Tapping into the Dialogue of Hope and Expectancy for Change”.

Wilson, J., Gordon, A. B., & Chenail, R. (2015, December). *Using utilization to build hope in solution-focused brief therapy*. Short course presented at the Twelfth International Erickson Congress – Phoenix, AZ.

2015 Florida Alcohol & Drug Abuse Association (FADAA)/Florida Council for Community Mental Health (FCCMH) Annual Conference, Advancing Health, Wellness and Recovery, Orlando, FL. August 7, 2015, “Solution-Focused Approach to Trauma Informed Care”.

Florida State Foster/Adoptive Parent Association Education Conference, Orlando, FL, June 19, 2015. “A Hopeful Solution Focused Approach to Trauma Informed Care”.

Solution-Focused Brief Therapy Association Conference: Weaving Solutions. Santa Fe, NM, November 8, 2014. “Multiple Layers of Solution Focused Supervision: MFT Training”.

2014 Solution Focused Expo. Orlando, FL., February 16, 2014.”SFBT and Refugees: Tapping into the Dialogue of Hope and Expectancy for Change”.

2014 Solution Focused Expo. Orlando, FL., February 14, 2014.” Classroom Solutions Using the WOWW Approach”.

2014 Solution Focused Expo. Orlando, FL., February 14, 2014.” Multiple Layers of Solution Focused Supervision in a University Clinical Training Program”.

American Association for Marriage and Family Therapy (AAMFT). Portland, OR. October 18, 2013. “Relational Backpacking for Family Journeys with Autism”.

2013 Florida Alcohol & Drug Abuse Association (FADAA)/Florida Council for Community Mental Health (FCCMH) Annual Conference, Our Time, Our Future, Orlando, FL. August 8, 2013, “Solution-Focused Conflict Resolution”, Part 1 and Part 2.

Florida Alcohol & Drug Abuse Association, Lake Mary, FL, March 14-15, 2013. “Solution-Focused Brief Therapy”.

2012 Conference of Solution-Focused Practices, Minneapolis, MN, November 16, 2012. “Hope & Expectancy in Brief Solution Focused Therapy”.

Florida Certification Board, Florida Department of Children and Families, Jacksonville, FL., June 18-20, 2012. “Solution-Focused Brief Therapy” and “Solution-Focused Supervision”.

Florida Certification Board, Florida Department of Children and Families, Orlando, FL., April 5, 2012. “Solution-Focused Brief Therapy”

Florida Certification Board, Florida Department of Children and Families, Miami, FL., March 28-29, 2012. “Solution-Focused Brief Therapy”.

The 11th International Congress on Ericksonian Approaches to Psychotherapy: Transforming Ericksonian Methods, Phoenix, AZ, December 8-11, 2011. "The Utilization of Expectation in Solution Focused Brief Therapy".

Florida Association for Marriage and Family Therapists Conference, Deerfield Beach, FL, May 14, 2011. "Hope & Expectancy in Brief Solution Focused Therapy".

Brief Therapy Conference: Lasting Solutions, Orlando, FL, December 9-12, 2010. "Solution-Focused Marathon Sessions".

Family Pathways Conference, Butler, PA, May 24 -25, 2010. "Solution-Focused Brief Therapy for Community Practitioners".

Florida Association for Marriage and Family Therapists Conference, Deerfield Beach, FL, May 16, 2010. "Solution-Focused Documents for Practitioners".

Florida Association for Marriage and Family Therapists Conference, Deerfield Beach, FL, May 1, 2009. "Solution-Focused Marathon Sessions".

Broward Association for Marriage and Family Therapy Workshop, Fort Lauderdale, FL, November 21, 2008. "Solution-Focused Brief Therapy with Children".

2008 Conference of Solution-Focused Practices, Austin, TX, November 14, 2008. "Families Facing Solutions: Solution-Focused Family Education".

Fifth Annual South Florida Conference on Child Abuse and Neglect: Turn on the Light. West Palm Beach, FL, October 23, 2008. "Using a Solution-Focused Approach to Engage Challenging Clients."

2008 Spring NEW Partnership Child Welfare Conference. Wausau and Green Bay, WI, April 24 & 25, 2008. "Solution-Focused Interviewing: Building Solutions Together with Families".

NEFAMFT Workshop, Jacksonville, FL. November 16, 2007. "Building Solutions Together: Solution-Focused Interviewing".

Fourth Annual Solution Focused Brief Therapy Conference, Denver, CO, November 4, 2006. "Weathering the Storm".

2006 Spring NEW Partnership Child Welfare Conference. Green Bay, WI, May 9, 2006. "Solution-Focused Interviewing: Building Solutions Together with Families".

The School Board of Broward County, Florida, Plantation, FL, February 18, 2005. "Advanced Practices in Brief Solution Focused Therapy".

National Council on Family Relations, 66th Annual Conference, Orlando, FL, November 17-20, 2004. "Solution Focused Approach: An Enhancement to Family Life Education".

4th Annual Conference on Issues in Marriage and Family Therapy, Valdosta, GA, August 23 & 24, 2004. "A Solution Focused Approach to Group Work".

First Annual Solution Focused Brief Therapy Conference. Loma Linda, CA, November 3, 2003. "Solution Focused Documentation".

14th Annual Family Central Inc. Education Conference. Ft. Lauderdale, FL, October 3 & 4, 2003. "Families Facing Solutions".

3rd Annual Conference on Issues in Marriage and Family Therapy, Valdosta, GA, June 7, 2003. "Working with Involuntary Clients and Their Families: A Solution Focused Approach".

Florida Association for Marriage and Family Therapy (FAMFT). Delray Beach, FL, May 23-25, 2003. Annual Conference: "Solution Focused Program Development".

American Association for Marriage and Family Therapy (AAMFT). Chicago, October 9, 1999. "Resolving Family Violence with Mediation and Therapy".

New Clinical Directions: The First Annual Dissertation Fair. Nova Southeastern University. September 11, 1998. "Families Facing Solutions: Training for Home-Based Workers".

Children's Home Society. The Road Less Traveled: Adoption Conference. November, 1996. "Solution-Focused Parenting for the Adopted Child".

New York State Conference on Psychiatric Rehabilitation: Theories, Practices, Outcomes. May 5, 1995. "Parents with Mental Illness: Striving for Success."

Atlanta Families Conference '95. Southeastern Council On Family Relations. February 25, 1995. "Family Education: A Community Solution."

Florida Association For Marriage And Family Therapy 1994 Annual Conference: The Magic of Family Resiliency. May 7, 1994. "Magic Words: Therapeutic Letter Writing."

The Interagency Adoption Council's Second Annual Adoption Forum, sponsored by the Children's Home Society, Catholic Community Services and the Dept. of Health and Rehabilitative Service. November 6, 1993. "Telling Your Child They're Adopted." Children's Home Society. 1993. "Child Development for Parents of Adopted Children."

CONFERENCES

Solution-Focused Brief Therapy Association Conference. Santa Fe, NM, November 9-12, 2017.

2016 Solution Focused Expo. Orlando, FL., February 16, 2016. "SFBT and Refugees: Tapping into the Dialogue of Hope and Expectancy for Change".

2015 Solution Focused Expo. Denver, CO. February 20-22, 2015.

Solution-Focused Brief Therapy Association Conference: Weaving Solutions. Santa Fe, NM, November 5-8, 2014.

2014 Solution Focused Expo. Orlando, FL., February 14-16, 2014.

American Association for Marriage and Family therapy (AAMFT), Portland, OR. October 16-20, 2013.

2012 Conference of Solution-Focused Practices, Solution-Focused Brief Therapy Association, November 15-17, 2012, Minneapolis, MN.

The 11th International Congress on Ericksonian Approaches to Psychotherapy: Transforming Ericksonian Methods, December 8-11, 2011, Phoenix, Arizona.

Florida Association for Marriage and Family Therapists Conference, May 14, 2011, Deerfield Beach, Florida

Brief Therapy Conference: Lasting Solutions, December 9-12, 2010, Orlando, Florida.

Broward Association for Marriage and Family Therapy Workshop, Two Days with David Epston: A New Genre of Working with the Problems of Young People in their Families and Communities, June 18, 2010, Fort Lauderdale, FL.

Florida Association for Marriage and Family Therapy Annual Conference, May 1-2, 2009, Deerfield Beach, Florida.

Solution Focused Practices, Solution Focused Association Sixth Annual Conference, November 13-15, 2008, Austin, Texas.

Solution Focused Practices, Solution Focused Association Fifth Annual Conference, November 1-4, 2007, Toronto, Canada

Solution Focused Practices, Solution Focused Association Fourth Annual Conference, November 1-4, 2006, Denver, Colorado.

Solution Focused Practices, Solution Focused Association Third Annual Conference, November 3-5, 2005, Fort Lauderdale, Florida.

Inequalities and Families, National Council on Family Relations Annual Conference, November 17-20, 2004, Orlando, FL.

Solution Focused Practices, Solution Focused Association Second Annual Conference, November 4-7, 2004, Park City, Utah.

Solution Focused Practices, Solution Focused Association Conference, November 1-4, 2003, Loma Linda, California.

Brief Therapy: Lasting Solutions, The Brief Therapy Conference, December 12-15, 2002, Orlando Florida.

Prevention Works, 12th Statewide Child Abuse Prevention Conference, September 10-13, 2000, Orlando, Florida.

American Association for Marriage and Family therapy (AAMFT), Chicago, October 8-11, 1999.

Child Abuse and Prevention & Family Preservation Conference, September 13-16, 1998, Tampa, Florida.

ICCP/Family Builders Family Preservation Conference, May 17-19, 1995, Statewide Conference sponsored by the Department of Health and Rehabilitative Services.

Intensive Crisis Counseling and Family Builders Providers, Fall 1993, Statewide Conference sponsored by the Department of Health and Rehabilitative Services.

The Fifth International Congress on Ericksonian Approach to Hypnosis and Psychotherapy in Phoenix, Arizona, December 1992.

American Association for Marriage and Family Therapy, The 50th Anniversary Conference, Miami, October, 1992

Florida Association for Marriage and Family Therapy, Conference, Spring 1991.

AWARDS

Nominee for NSU Administrator of the Year, Student Life Achievement Award, Nova Southeastern University, 2013.

Andres Nazario, Jr. Diversity Award, Florida Association for Marriage and Family, 2003.

Nominee for NSU Alumnus of the Year, Student Life Achievement Award, Nova Southeastern University, 2003.

Distinguished Alumni Achievement Award, School of Humanities and Social Sciences, Nova Southeastern University, 2002.