

Anne Hearon Rambo, Ph.D.  
[Rambo@nova.edu](mailto:Rambo@nova.edu); 954 262 3002  
College of Arts, Humanities, and Social Sciences  
Nova Southeastern University  
3301 College Avenue  
Fort Lauderdale, Florida 33314

AWARDS: 2011/2012 Graduate School of Humanities and Social Sciences Professor of the Year

2002 Florida Association for Marriage and Family Therapy Contributions to Diversity Award (for work with children in school settings)

#### CURRENT EMPLOYMENT:

1. Professor and director of Master's Program in Marriage and Family Therapy at Nova Southeastern University
2. Founder of and Supervisor for Systemic Change in Schools (SCIS), community service of the NSU family therapy department:
  - PROMISE program: At the request of the Broward county school district, Dr. Rambo brought in teams of master's and doctoral family therapy students through SCIS to form the counseling component of the innovative PROMISE program. The PROMISE program provides an alternative to suspension or arrest for at risk youth in the nation's third largest fully accredited school district. The PROMISE program has been featured on the front page of the New York Times, on NPR radio, and in other media coverage. During its first year of operation (2013/2014), the PROMISE program reduced schoolhouse arrests by 58 percent, and reduced recidivism from 50 percent to 10 percent. Dr. Rambo's work with the program has been featured at the national conference of school counselors, as well as numerous family therapy venues. The program was able to provide services in English, in Haitian Creole, in Spanish, and in French, as needed.
  - In addition to the PROMISE program, Systemic Change in Schools works in high risk elementary schools district wide.
  - Related research: The PROMISE program involves long term outcome research conducted jointly with the district. In addition, Systemic Change in Schools has led to several research projects, including an appreciative inquiry exploration of what works for principals in low income schools (with doctoral student Ronit Horowitz), action research (with doctoral student Joan Collins), an appreciate inquiry into the success of the PROMISE program (with doctoral student Yolanda Sofiali), an overall outcome evaluation of the program (with doctoral student Daniel Mendel) and multiple other ongoing dissertation projects. The project has also led to case studies published in peer reviewed journals.

## PUBLICATIONS:

**2018:** Guest editor, special section of *Journal of Systemic Therapies* 37 (1) – the special section focuses on diversity in action, and includes the following articles:

- a. Rambo, A. Introduction to the Special Issue: Diversity in Action
- b. Alseead, R., Boros, P., Corrington, S., Rambo, A., & Spencer, J. Using A Cultural Broker: Case Snapshots
- c. Beliard, C., Cunningham, P., Fontus, F. & Moye, D. Therapists of Color: Surviving Long Enough to Keep Fighting
- d. Jarquin, E., Alfaro, A. & Rambo, A. Intervening in Larger Systems

**2018:** With B. Henry, A. Alfaro, and E. Jarquin “Supervision in Schools: Learning to hear many voices” In L. Charles and T. Nelson (Ed.) *Supervision in many contexts* (In press).

**2018:** With C. Beliard, K. Erolin, and F. Almonte “Through the Storms: How a Master’s degree program in Marriage and Family Therapy came to new understandings after surviving both a natural and a human disaster within six months” in *Family Therapy in Global Humanitarian Contexts* (2<sup>nd</sup> Edition), Charles, L. and Samarasinghe, G. (Eds.) (In press).

**2018:** “Through the Storm: How one MFT program survived a hurricane” in *Family Therapy Magazine (AAMFT)* (January/February).

**2016:** “Multiple Impact Therapy” with Tommie Boyd, in *Encyclopedia of Couple and Family Therapy*, Lebow, J., Chambers, A., & Breunlin, D. (Eds). New York: Springer.

**2015:**

- “Culturally Competent Solution Focused Conversations with Caribbean American Youth” With Giselle Bayard, in *International Journal of Solution Focused Practices*, Vol. 3, #1, pp. 1-7.
- *A Career Guide for Marriage and Family Therapists: Doing Good While Doing Well* Rambo, A, Boyd, T. & Marquez, M. New York: Routledge.

**2014:** “Collaborative and postmodern family therapy models” Rambo, A.. & Boyd, T. In J. Wechsler and L. Hexler (Ed.) *An Introduction to Family Therapy – 2nd Edition*. New York: Routledge.

**2013:** Rambo, A. & Boyd, T. (2013). “Supervision in Evolving Contexts: School based family therapy supervision.” In T. Todd & C. Storm (Eds.) *The Complete Systemic Supervisor* (2nd Edition). New York: Allyn & Bacon.

**2012:** Rambo, A., West, C., Schooley, A. & Boyd, T. (Eds.) *Family Therapy Review: Contrasting contemporary models*. New York: Routledge. Edited together with the president of AMFTRB (Charles West), a leading researcher on microskills in family therapy (Annalynn Schooley), and a leading medical family therapist and family therapy program chair, Tommie Boyd, this book applies key family therapy models to one case – the same case for all models, so the distinctions are clear to the reader. The book is designed to help our MFT graduates pass the licensing exam.

**2009:** Rambo, A., Rhoades, E., Boyd, T., & Bello, N. (2009). “An introduction to systemic family therapy”. In E. Rhoades and J. Duncan (Eds.) *Auditory-Verbal*

*Practice: Towards a family centered approach.* Springfield, IL.: Charles C. Thomas, Inc.

**2008:** Rambo, A., Monnay, F, Bello, N., & Palmer, L. (2008). Uncharted waters: Working with immigrant families. *AAMFT Family Therapy News*, January/February.

Alexander, S., Shilts, L, Lisico, M., & Rambo, A. (2008). Return to Sender: Letter writing to bring hope to both therapist and client. *Journal of Systemic Therapies*, Vol. 27 (1), pp. 59 – 66.

**2006:** Rambo, A., Bello, N., & Pasquet, M. (2006) “Rudolph the Haitian Reindeer and other Heroes: the SUPERB Project.” *Journal of Dispute and Conflict Analysis*, April/May 2006.

**2005:** Rambo, A. & Green, S. (2005) “Family therapy history and models.” *AAMFT Family Therapy Magazine*, November/December 2005.

Green, S., Rambo, A. Hibel, J. and Cole, P. (2005) “Systemic syllabi.” *Family Therapy News*, September/October 2005.

**2004:** Rambo, A., Duque, N., Filler, A., Hall, T., Dinenath, H., & Bexley, J. (2004). The SUPERB Anti- bullying Curriculum: Rationale and activities. Nova Southeastern University; manual in use in Broward county public schools, Boys and Girls Clubs, and in area private schools.

**2003:** Shilts, L., Rambo, A., & Huntley, E. (2003). “The collaborative miracle: When to slow down the pace of brief therapy.” *June 03, Journal of systemic therapies*.

**2001:**

- Rambo,A.(2001). *I know my child can do better: A frustrated parent's guide to educational options.* New York: McGraw-Hill.  
(Favorable reviews of the above book have appeared in The Chicago Tribune, The Miami Herald, Nick, Jr. Magazine, Parenting Magazine, and numerous other publications. It has sold out on amazon.com several times.)
- Rambo, A. (2001). “Collaborative language based models of family therapy: When less is more.” In Wechsler, J. & Jones, L. (Eds.) *The undergraduate guide to marriage and family therapy: profession and avocation.* Haworth Press.
- Harkness, J., Burnett, C., & Rambo, A. (2001). “Consulting to larger systems.” In Polkinhorn, B. (Ed.) *Family systems consultation.* Haworth Press.

**2000:** Rambo, A. , & Hearon, S. (2000). Mothers and daughters over three generations. In Munhall, P. (Ed.) *The changing family: Family structure in the new millennium.* New York; Allyn & Bacon.

**1999:** Rambo, A. (1999). “The discouraged parent, and how to help”. In Madanes, C. & Crenshaw, W.(Ed.) *The handbook of strategic therapy* New York: Guilford Press.

**1998:** Rambo, A. (1998). “Book review: Changing conversations.” *Journal of family psychotherapy*, 9(4), pp. 77 - 78. 1997:

**1997:**

- Rambo, A. “Book review: A personal journey”. *Journal of personal and interpersonal loss*, 2(2), 112 - 113.
- Rambo, A. & Shilts, L. “Four supervisory practices that promote respect for difference.” In Todd, T. and Storm, C. (Eds.) *The complete systemic supervisor: Context, philosophy, and pragmatics*, pp. 83 - 92. Allyn & Bacon: Boston, Mass.

- Rambo, A. & Shilts, L. "Fostering respect for differences. In Todd, T. and Storm, C. (Eds.)" *The reasonably complete systemic supervisor resource guide*, pp. 28 - 33. Allyn & Bacon: Boston, Mass.
- Shilts, L., Rambo, A., & Hernandez, L. "Clients helping therapists find solutions to their therapy". *Contemporary Family Therapy*, 19(1), pp. 117 - 132.

**1996:** Flemons, D., Green, S., & Rambo, A. "Evaluating therapist's practices in a postmodern world: A discussion and a scheme." *Family Process*, 35, pp. 43-56.

**1995:**

- Rambo, A. "Review of The new language of change." *Journal of Marital and Family Therapy*, 21 (3), p. 75.
- Shilts, L., Filippino, C., Chenail, R., & Rambo, A. "From solution-focused therapy to client informed research and back again". In I. Maso (Ed.) *Openness in research: Qualitative research, philosophy of life, and the other*. University Humanist Studies: Utrecht, The Netherlands.

**1994:** Bloch, D. & Rambo, A. "A history of family therapy: Ideas and characters." In Elkaim, M. (Ed.) *Panorama des therapies familiales*. Editions du Seuil: Paris.

**1993:**

- Rambo, A., Heath, A., & Chenail, R. (1993) *Practicing therapy: Exercises for growing therapists*. W.W. Norton: New York.
- Rambo, A. "Report on the 1992 qualitative research institute." *Family Therapy News*, January, 1992
- Bloch, D., McDaniel, S., & Rambo A. (1992). "Harry Goolishian: A note on language, and two remembrances." *Family systems medicine*, 10, pp. 1-5

**1991:** Rambo, A., Madigan, S., & Kaufman, B. (1991). "Word play: the use of language skills training exercises in supervision." *Systeme*, Winter 1991.

**1990:** Rambo, A. (1990). *The handling of difference: a history of accredited marital and family therapy education*. Washington, D.C.: American Association for Marriage and Family Therapy.

**1989:**

- Rambo, A. "Stop-Weiter: sicherheit beim spielen, eine fallstudie." *Zeitschrift fur systemische therapie*, 7, pp. 154-158.
- Rambo, A. "Cinderella revisited: The use of fairy tales in training." *Journal of Marital and family therapy*, 15, pp. 98-102. 1987:

**1987:**

- Anderson, H. and Rambo, A. "An experiment in family therapy training." *Journal of Strategic and Systemic Therapies*, 7, pp. 54-69. (Reprinted in translation in the Austrian Journal of Systemic Therapy, 5: 10-27).
- Rambo, A. *Handbook for a systemic group therapy program*. Houston Child Guidance Center. (Private distribution; in use as an agency training manual).

**1985:** McEnery, P. & Rambo, A. (1985). *Multiple family group therapy: a clinician's guide*. Texas Research Institute of Mental Sciences. (Private distribution; used to train community mental health workers statewide).

**JURIED AND INVITATIONAL PRESENTATIONS:**

2018: Presenting on “The PROMISE program” at first annual Solution Focused University Conference in Toronto

2016: Presented “The PROMISE program: An update” at Association for Solution Focused Practitioners Annual Conference in Orlando

2015: Presented “The PROMISE program” at Association for Solution Focused Practitioners Annual Conference in Denver

2014: Presented on Couples Therapy with Military Families at the Florida Behavioral Health Alliance on Military Behavioral Health, in Tampa, Florida, August 2014.

2014: Presented on the PROMISE program at the annual American School Counselors Association in Orlando, June 2014

2014: Presented on the PROMISE program at the Southeastern Solution Focused Intensive, NSU campus, June 2014  
2014: Presented on the PROMISE program at the first annual Solution Focused Expo, Orlando, February 2014

2013: Presented on the PROMISE program at the annual SFBTA conference in Toronto, October, 2013

2012: Presented with Katie Byrnes at the Florida Association for School Counseling annual conference in St. Petersburg, Florida, on “Solution focused college coaching”.

2011: Presented with Tommie Boyd at annual American Association for Marriage and Family Therapy Conference in Fort Worth, Texas, on “Family therapy in the schools”.

2010: Presented with Tommie Boyd and Renae Lapin at the annual Florida Association for Marriage and Family Therapy Conference in Deerfield Beach, Florida, on “Family therapy in the schools”.

2009: Presented with Pat Cole at the annual Florida Association for Marriage and Family Therapy Conference in Deerfield Beach, Florida, on “Breathing life into dead supervision”.

2009: Presented with Tommie Boyd at the annual American Association for Marriage and Family Therapy Conference in Sacramento, California, on “Family therapy in the Schools: Getting In, Doing Good, and Doing Well”. The presentation was well received and led to follow up email discussion and a revised powerpoint given to all workshop attendees, to assist with presenting their work to schools.

2007 and 2008: Presented (with Pat Cole, Shelley Green, and Muriel Singer, in 2007; with Muriel Singer in 2008) at annual American Family Therapy Organization conferences, on “The outside world is not postmodern: Dealing with licensing exam dilemmas” (in Baltimore and New Orleans).

2006: Invited by conference organizers to reprise, with Pat Cole and Jim Hibbel, our 1999 presentation on “Bringing Dead Supervision to Life”, at the 2006 American Association for Family Therapy Conference in Austin, Texas. Presentation received high rankings by participants.

2005: Invited to co-present at the National Catholic Education Conference (2005), where St. Jerome’s Catholic School Parent Association won the 2005 Parent Association Award for its work with SUPERB at St. Jerome’s. Also presented to the NSU Pediatrics Club in January and at St. Gregory’s Catholic School Parent Association meeting in April.

2004:

Presented by invitation on the topic of school bullying at meetings of the Friends of the Broward Public Library, St. Bonaventure Catholic Church Parent's Association, South Area Innovation Zone meeting (principals and school administrators from Broward county schools in this innovation zone), West Area Innovation Zone meeting (principals and school administrators from Broward county schools in this second innovation zone), and St. Jerome's Parent School Association.

Helped plan and presented at both the Spring 2004 and Fall 2004 NSU Days for Children, all day events with hands-on workshops for parents and children.

Presented at the First Annual NSU Day for Teachers, March 2004, on "Managing Stress for Teachers" and "What Teachers Can Do About Bullying". This event drew about 500 teachers, and my workshops had audiences of from 50 to 100.

2003:

"Diversity training through storytelling" Day long institute presented at the 2003 AAMFT conference, with Pat Cole, Debra Nixon, and Jim Hibel.

"How far is too far?: Moving beyond the boundaries of the family" presented with Pat Cole and Shelley Green at the June 2003 AFTA conference.

2002:

1. "Diversity training through storytelling", presented with Jim Hibel, Pat Cole, and Debra Nixon at the 2002 Ericksonian Brief Therapy Conference in Orlando, Florida, December 2002.

2. "Dealing with Difficult People": presented March 2002 to the University Middle School faculty; August 2002 to Nova Southeastern University Public Safety Officers; October 2002 to Nova Southeastern Library Staff. 3. "From neutrality to advocacy": presented with Fanya Monnay and Melina Quintar at the May, 2002 Mental Health Needs of Refugees and Asylum Seekers Conference in Atlanta, Georgia.

2001: "Women in Academia", with Shelley Green and Pat Cole, at the March 2001 AFTA Conference in Miami Beach, Florida.

2000:

"From Neutrality to Advocacy: When clients need help with larger systems" presented with Fanya Monnay and Melina Quintar at the 2000 American Association for Marriage and Family Therapy conference in Denver, Colorado.

1999: "Bringing dead supervision to life", presented with Pat Cole and Jim Hibel at the 1999 American Association for Marriage and Family Therapy conference in Chicago, Illinois.

Presentation on single parent families at the 1999 Family Therapy Networker Conference in Washington, D.C. (March, 1999)

1998:

Presentation at the October 1998 Annual Conference of the American Association for Marital and Family

Therapy, in Dallas, Texas: "The half full glass: What single parents are doing right".

Presentation to the annual Hadassah Health Care Conference at the NSU Medical School, on parenting in late

adulthood (February, 1998)

Presentation with Irv Rosenbaum at the 1998 FAMFT Conference in Orlando - repeat of 1997 AAMFT

presentation, by request of FAMFT leadership.

1997:

- Presentation with Irv Rosenbaum at the October 1997 Annual Conference of the American Association for Marital and Family Therapy, in Atlanta, Georgia.
- "Have idea, need \$: Finding funding for your project." Presentation to the annual Educational Leaders Summer Institute of NSU, on collaboration with Native American families (August, 1997)
- Presentation at the FAMFT Institute on the development of the NSU Multicultural Institute, at the 1997 Florida Association of Marital and Family Therapy conference (May, 1997)
- Discussant at the second annual Myth of the Models conference, co-sponsored by Washington Family Institute and the Muddy Waters Group in Bethesda, Maryland (March, 1997)
- Presentation to Nova Southeastern University's annual Winterhostel on the topic of improving relationships with adult children; the audience ranged in age from 55 to 95, and were local residents interested in making their retirement years more fulfilling.

1996:

- Facilitated small group discussion on the future of medical family therapy training, at the annual Collaborative Family Health Care Coalition Conference in Bethesda, Maryland (July, 1996)
- Presented with Debbie Hirschhorn at annual Florida Association for Marriage and Family Therapy conference, on the development of Chabad Family Counseling Service, an outreach program for the Orthodox Jewish population in South Miami (May, 1996)

1995: Small group facilitator, at the first annual conference of the Coalition for Collaborative Health Care, Washington, D.C. (May, 1995)

1994:

- Co-presenter, with Margo Weiss, on healing the body-mind split in family therapy training, at the first annual conference of the Coalition for Collaborative Health Care, Washington, D.C. 1994:
- Panel presentation on the relevance of family therapy history, with Don Bloch, Kitty LaPerriere, and Chris Burnett. Panel discussion at the 1994 Family Therapy Networker Conference, Washington, D.C.

1993:

- "Practicing therapy: an interactive workshop." Workshop presented with Ron Chenail and Tony Heath, at the 1993 AAMFT Conference in Anaheim, California.
- Co-leader, with James Griffith, of AFTA special interest group seminar on the clinician-researcher interchange.
- Seminar co-led at the 1993 AFTA conference, Baltimore, Maryland. 1992

- “Where the hell was the cavalry?': An analysis of federal delay in hurricane relief”. Paper presented at the 1992 American Family Therapy Association Research Conference at Captiva Island, Florida.

1992: Discussion leader (one of six), by invitation, at the first annual qualitative research institute, held at the 1992 American Family Therapy Association conference in Amelia Island, Florida.

1991:

- Second-order supervision. An all-day institute presented at the 1991 Florida Association for Marriage and Family Therapy convention, May 23, 1991, Palm Beach, Florida.
- Symposium on family therapy approaches to the DSM-III-R. Served as chair for a series of workshops presented under this title at the American Association for Marriage and Family Therapy convention, October 5, 1990, Washington, D.C.
- An overview of supervision approaches. Workshop presented at the 1990 Florida Association for Marriage and Family Therapy convention, May 24, 1990, Palm Beach, Florida.

1989 :

- Tailor-made supervision: creating experts, not clones. One of ten workshops chosen as part of a special 15 hour supervision track at the American Association for Marriage and Family Therapy convention, October 31, 1989, San Francisco, California.

1988: Rediscovering play. Presented at the 1988 South Plains Head Start Children's Mental Health conference, October 15, 1988, Lubbock, Texas.

1987:

1. A systems approach to classroom discipline. Presented at the 1987 South Plains Head Start Children's Mental

Health conference, October 15, 1987, Lubbock, Texas.

2. Beyond Yalom: implications for systemic group therapy. Presented with Phil Torti of the Galveston Family

Institute, at the Texas Association for Marriage and Family Therapy convention, January 10, 1987, Dallas,

Texas.

1986:

Affect coding with families of psychotic adolescents. Presented with John Hough, M.A., and Randy Phelps, Ph.D., at the Texas Psychological Association convention, October 3, 1986, Houston, Texas; this paper received first prize in the new research category.

1985:

Psychosis: Opportunity for integration for therapist and client. Presented with Patricia McEnery, M.S.W., at the

Texas Association for Marriage and Family Therapy convention, January 15, 1985,

San Antonio, Texas. 1984 A multiple family group approach to the treatment of psychotic adolescents. Statewide Telenet conference presented via live video to



community mental health centers throughout Texas from the Texas Research Institute for Mental Sciences.

#### PAST PROFESSIONAL EXPERIENCE:

January 1989-December 1989:

Clinical supervisor, Nova University systemic family therapy doctoral program. While completing my dissertation, I supervised doctoral students in four clinical practicums each semester, and taught practicum-related courses.

August 1987-September 1988:

Teaching/research assistant in Human Development department, Texas Tech University.

As a doctoral student, I taught the methods of child guidance course, required for human development majors, as the sole instructor, and supervised early childhood education interns at the university-sponsored nursery school.

July 1985-July 1987:

Family therapist, group coordinator, and Brief Therapy Service leader at Houston Child Guidance Center:

In 1985 I created the position of group coordinator, organizing a multidisciplinary group therapy program for the agency in addition to my other responsibilities. In 1986 I was promoted to the position of Brief Therapy Service leader, which meant that in addition to my clinical and group coordinating responsibilities, I was responsible for providing clinical and administrative supervision for a staff of six master's and doctoral level therapists, and for student interns.

January 1983-June 1985:

Clinician/researcher for the Texas Research Institute of Mental Sciences, Houston, Texas.

I carried a full caseload of contract and self-referred individual, marital, and family cases. In addition, I was one of three therapists involved in a research project comparing family therapy and multiple family group therapy treatment protocols with psychotic adolescents. As an outgrowth of this work, I provided clinical training to psychiatric residents and spoke to area medical schools on request. I left the agency when it lost legislative funding for such projects.

June 1981-September 1982:

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Therapist for Austin Child Guidance Center.

I carried a full caseload of families referred by child welfare authorities; all cases involved the abuse or neglect of a child under six. The program was a pilot early intervention project of the Texas Department of Human Resources. On my own time, I organized a staff seminar on systems theory approaches. I left the agency to pursue greater training opportunities in Houston.

#### EDITORIAL ACTIVITIES:

Member, Advisory Board, Grassroutes: Stories from Family and Strategic Therapists, a family therapy case studies journal, 1991 to 2000

Ad-hoc reviewer, Families, Systems, and Health, 1990 to 2000; Ad hoc reviewer, Journal of Contemporary Family Therapy (ongoing)

#### GRANT AND CONTRACT ACTIVITIES:

2016: Obtained contract with Broward county school district to expand PROMISE activities – ongoing funding renewed annually pays for a designated doctoral student graduate assistant position to work in the schools

2011: Named to Steering Committee of Broward County School District “Credentialled by 26” 5 million dollar grant.

2003: Clinical supervisor on Project SUPERB, grant funded by one of the founders of yahoo.com to resolve school bullying.

2000: Named as collateral investigator in grant developed for at risk youth, in partnership with Communities in Schools of Broward County.

1999: Wrote proposal to Head Start (national level) for family involvement work with Broward Head Start: not funded, but doctoral student from ADR was funded for research project using these ideas, and graduate of our MS program was funded for a similar program with Northside Elementary.

1998: Awarded seed grant by Nova Southeastern University, Office of Academic Affairs, for collaborative research project with the undergraduate psychology program, to document learning outcomes

1995: Awarded one year grant by the Research and Education Foundation of AAMFT for collaborative project with the Seminole tribe Head Start program

#### EDUCATION AND POSTGRADUATE TRAINING:

Ph.D. in systemic family therapy, Nova University, November 1989.  
(The bulk of my doctoral work was done before my transfer, at Texas Tech University.)

100 hours continuing education through the Galveston Family Institute, 1981-1986.

M.S.W., University of Texas at Austin, May 1981.

B.S. child development, University of Texas at Austin, January, 1979.

#### PROFESSIONAL AFFILIATIONS:

AAMFT clinical member and approved supervisor  
Member, Solution Focused University consultation group